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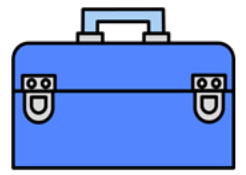
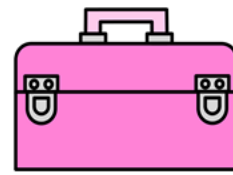
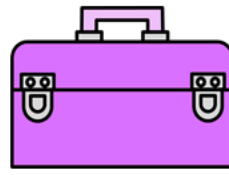
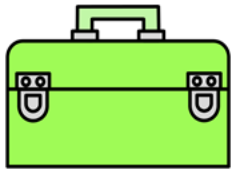
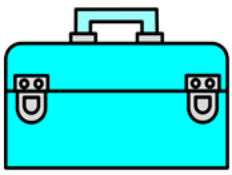


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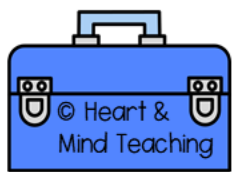
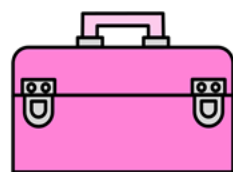
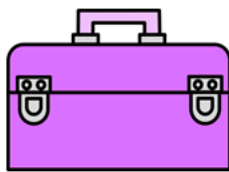
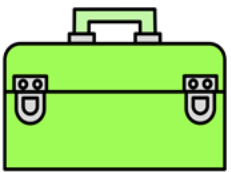
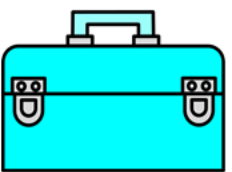


If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

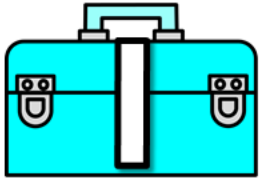
♥
Ashley



BEHAVIOR TOOLBOX Forgetful



BEHAVIOR TOOLBOX



Forgetful

What it looks like

- *Student often forgets to fulfill responsibilities and turn in assignments.
- *He/she frequently forgets to bring necessary materials to class.
- *Student appears to be upset and sorry for forgetting but does not do anything to improve their forgetting.
- *Often asks others to borrow their supplies and forgets to return them.
- *Frequently procrastinates and waits to do everything until the very last minute.
- *Expects other people to remind him/her of things, and therefore blames others when he/she forgets.
- *Prefers to remain dependent on others.
- *Student is often thinking about many things at one time, and therefore forgets minor things because their full attention is not being given.

Forgetful

BEHAVIOR TOOLBOX



Forgetful

What to do

*Provide the materials when possible, then meet with the student and discuss ideas to help overcome the forgetfulness. There should be small consequences for the forgetfulness.

*Provide a peer buddy (seated next to them) to help with reminders.

*Create a desk checklist for the student with reminders of important classroom routines. Some examples: Write HW down in agenda, put agenda in backpack. Recommend to parents to do the same at home with a checklist on the fridge. Some examples: Put materials (be specific) in backpack, put HW in backpack, put signed Agenda back in backpack. Another option is to put the daily checklist in the agenda, that way the teacher can see if the checklist was reviewed and completed and reward accordingly.

*When providing the student with supplies, let them borrow it instead of just giving it to them. It is not wrong to borrow occasionally, but it is wrong to not pay it back. This teaches the student responsibility. For example; have a box of pencils that students can borrow from, when they take a pencil they must leave a "borrowers note" or an "IOU" or something they value in the box, when they return the pencil they take the item or note back.

*For students (also works for parents) who frequently forget appointment times (ESE classes for example) make the time something unique, such as 1:03 pm. People are more likely to remember times that are out of the ordinary.

*Give the student a classroom job to develop their sense of responsibility.

*Make sure that the rules about bringing materials are clear and reasonable. When the student forgets a material, speak to them one on one. Say "What did we say about this?" get the student to tell you the rule instead of telling them it.

Forgetful

BEHAVIOR TOOLBOX



Forgetful

What NOT to do

*Do not get mad (at least do not show it) about this student forgetting. It's not personal.

*Do not ask this student to remember more than two items at a time, this may prove impossible for him/her to do.

*When speaking to the student about forgetting, do not talk too much (or harp on the issue). People turn off their listening at a certain point. State expectations and consequences and keep it short and clear.

*Do not punish the student too severely for forgetting, consequences should be geared toward teaching the student to remember and be responsible.

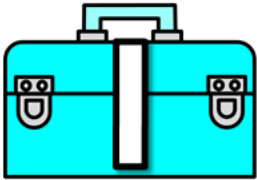
*Do not refuse to provide the student the needed materials. This could inadvertently reward the student for forgetting. For example, a student that always forgets to bring a pencil, if not provided one, will get out of doing work. That could be a reward to many students.

*Do not give this student too much attention about their forgetfulness, address the issue, keep it short and be patient. Change does not happen quickly, he/she will likely forget again.

Forgetful

BEHAVIOR TOOLBOX

Forgetful Quick Guide



what it looks like

- *Student often forgets to fulfill responsibilities and turn in assignments.
- *He/she frequently forgets to bring necessary materials to class.
- *Student appears to be upset for forgetting but does not do anything to improve their forgetting.
- *Often asks others to borrow their supplies and forgets to return them.
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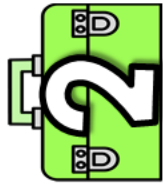
what to do

- *Provide the materials when possible, then meet with the student and discuss ideas to help overcome the forgetfulness. There should be small consequences for the forgetfulness.
- *Provide a peer buddy (seated next to them) to help with reminders.
- *Create a desk checklist for the student with reminders of important classroom routines. Some examples: Write HW down in agenda, put agenda in backpack. Recommend to parents to do the same at home with a checklist on the fridge.
- *When providing the student with supplies, let them borrow it instead of just giving it to them. It is not wrong to borrow occasionally, but it is wrong to not pay it back.
- *Give the student a classroom job to develop their sense of responsibility.



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Forgetful

What to do (Cont.)

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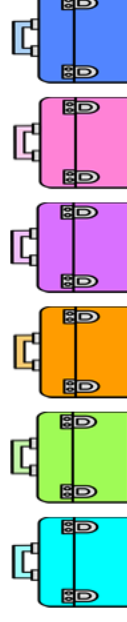
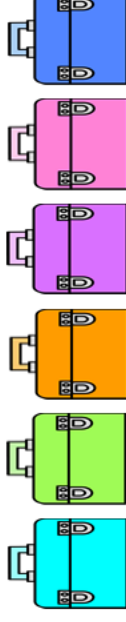
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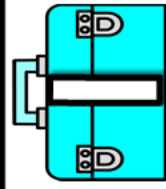
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"A change in
behavior
begins with a
change in
the heart."

BEHAVIOR TOOLBOX

Forgetful





Forgetful

What it looks like

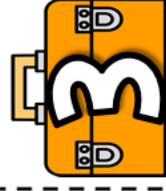
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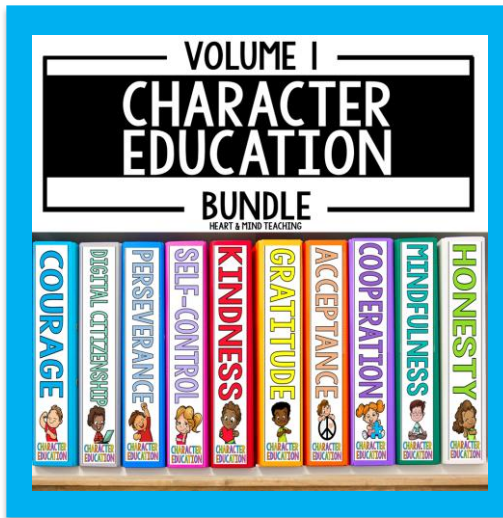
Forgetful

What NOT to do

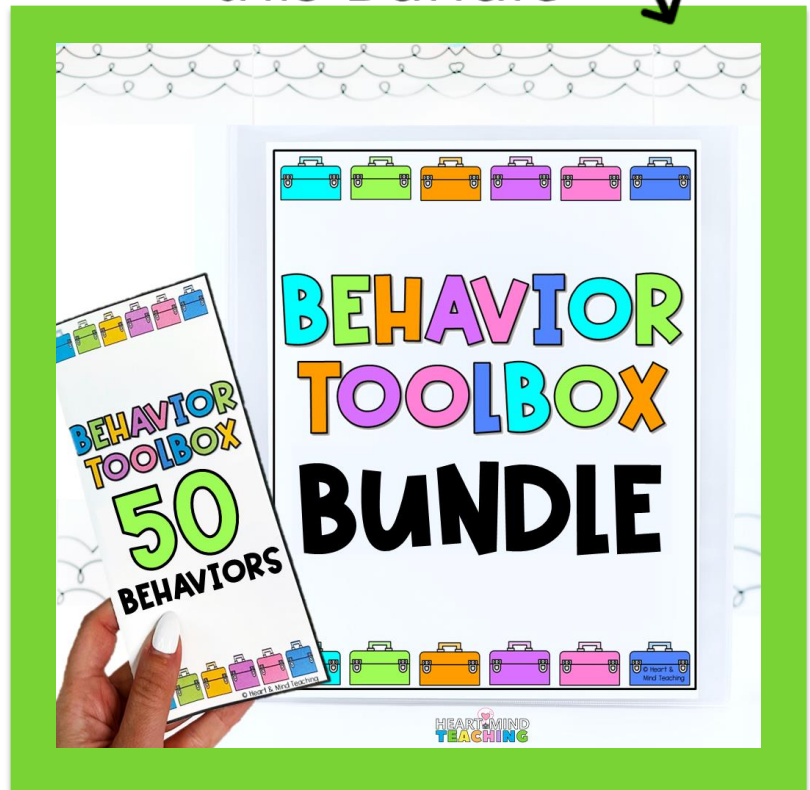
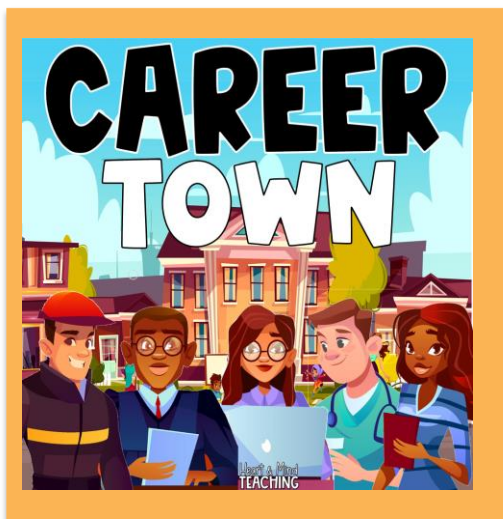
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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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